



Po Leung Kuk  
Fong Wong Kam Chuen Primary School

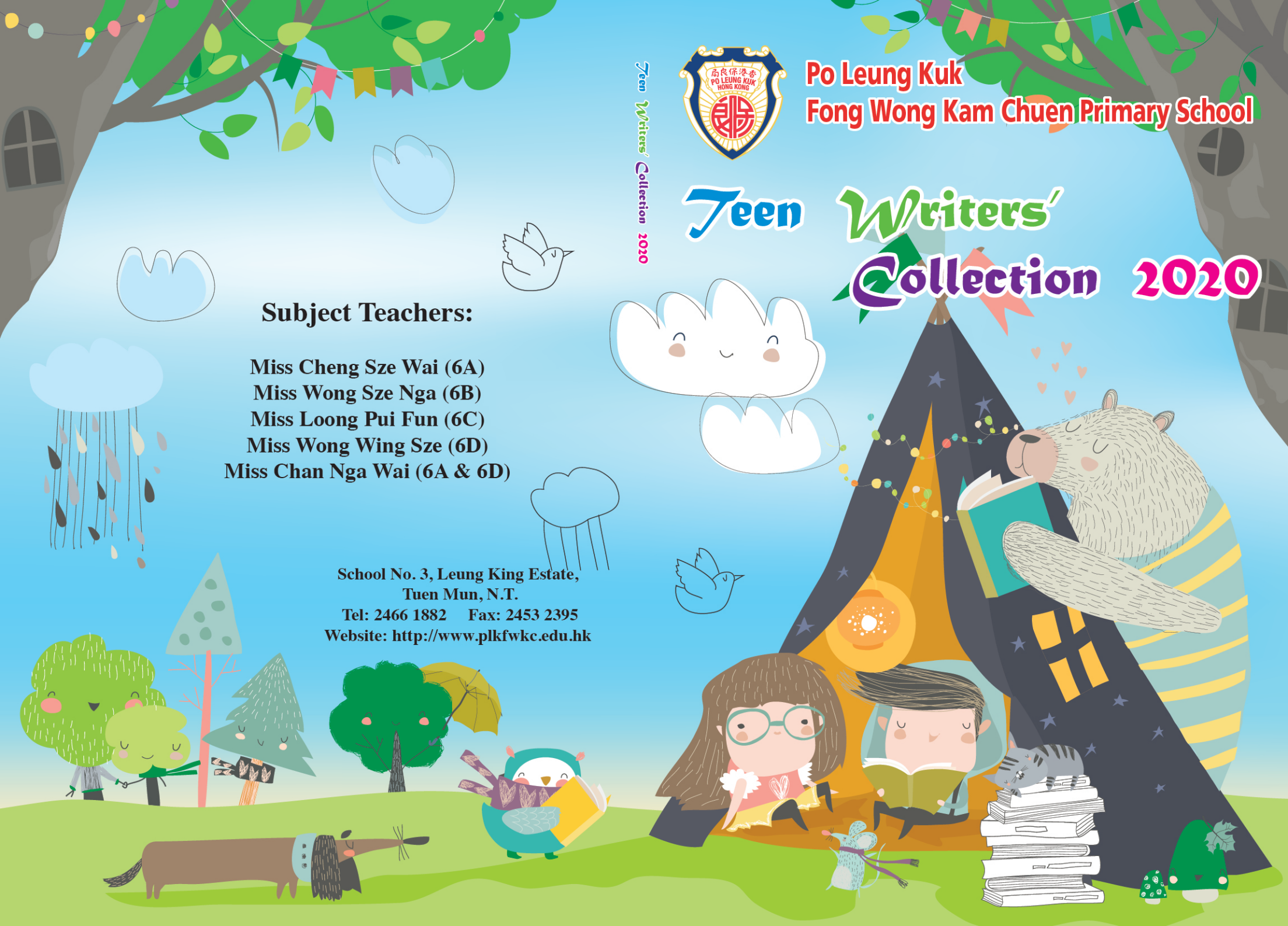
Teen Writers' Collection 2020

# Teen Writers' Collection 2020

## Subject Teachers:

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## *Principal's Blessings*

Dear P.6 students,

This is your first time to publish the 'Teen Writers' Collection. I am delighted to see that you all have done an excellent work. I am so proud of you all!

Writing enriches your vocabulary, improves your ability in using and arranging sentence structure. Besides, writing helps to increase creativity and enrich your life in many ways. Writing not only helps you communicate clearly with others, but also helps you keep and bring back precious memories.

Keep on working! I wish you all success in your future study and enjoy your school life in the secondary school.

With Love,  
Miss Kwok



## *Preface*

I am happy to see so many different kinds of writings in this book. There are stories, letters, journals, e-mails, reports and much more. It is important to be able to communicate in different ways. Good writing skills enable you to communicate your message clearly and correctly to a wide audience.

To many people, writing appears to be a very simple activity, just putting one word in front of another to make sentences. But a good writer knows that is far from the truth. A good writer knows that writing is never easy, and always a challenge ... but mostly fun. It can be a very tiresome and frustrating thing to get good at. But once you get the hang of it, being able to write well will help you in so many ways in the future.

Keep up the good work.

Mr Larsen  
English Teacher



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## Our day

By 6A Hung Yik Ka, 6A Zheng Sum Yi  
6D Tang Ho Yin, 6D Mak Tsz Long

Date: 22<sup>nd</sup> September, 2019

Weather: Sunny

In the morning, we went ice-skating. We used to go ice-skating three times a week. Now, we only go ice-skating twice a year. It was fun to go ice-skating.

In the afternoon, we watched a film in the cinema. It was Captain Marvel. It was about Captain Marvel saved the earth. It was exciting. We used to watch films once a month. Now we watch films three times a month. We love watching films.

What a happy day! We are happy to go ice-skating and watching a film with my friends. We hope we will have another happy day soon.





## *An email to an organization*

By 6A Ng Tsz Ho, Chu Tin Yan,  
Wong Chun To, Chung Chun Hin

From: Hobe@yahoo.com.hk  
To: greenpeace@gamil.com  
Subject: Ways to save the environment

Dear Greenpeace,

I am writing on behalf of my school to suggest ways of helping the environment. We are planning to do three things to help the Earth.

Firstly, land pollution has endangered most of the terrestrial life. So we have to reduce food waste and put garbage in the trash cans. This will help to maintain the terrestrial life of the Earth.

Secondly, water pollution affects our source of water. So we need to reduce the use of plastic such as plastic bags and bring our own environmental friendly bags every time when we go to the market to buy things.

Thirdly, air pollution affects the growth of plants which prevents it from performing photosynthesis. This increases carbon dioxide. So we have to turn off the power and reduce the use of private cars while going out.

We really want to show our care. We hope you will give us permission to do these three things. We need to be quick as the Earth is waiting for help.

Thank you for reading our email and for your support.

Yours sincerely,  
6A Students  
Hobe, Anto, Zoe, Chung Chun Hin



## *An email to an organization*

By 6A Lai Tsz Ki, Ho Wan Ching,  
Leung Tsz Long, Leung Kam Wa

From: P14078@plkfwkc.edu.hk  
To: greenpeace@gamil.com  
Subject: Ways to save the environment

Dear Greenpeace,

I am writing on behalf of my school to suggest ways of helping the environment. We are planning to do three things to help the Earth.

The first problem is water pollution. If we reduce waste and not to throw rubbish in the sea, the sea creatures will be protected and so do we.

The second problem is air pollution. If we plant more trees and save energy such as using less air-conditioning, our air quality will be improved. The third problem is habitat destruction. If we reduce waste, the animals will have more habitats to live in. The endangered species will be saved.

We really want to show our care. We hope you will give us permission to do these three things. We need to be quick as the Earth is waiting for our help.

Thank you for reading our email and for you support.

Yours sincerely,  
6A Students  
Kiki, Dora, Ray, Michael





## *An email to an organization*

By 6A Chan Hiu Nam, Kwok Tsz Hei,  
Pang Wing Ching Felix, Tsang Hiu Yeung

From: samcheng@yahoo.com.hk  
To: greenpeace@gamil.com  
Subject: Ways to save the environment

Dear Greenpeace,

I am writing on behalf of my school to suggest ways of helping the environment. We are planning to do three things to help the Earth.

The first problem is water pollution. If we clean up the rubbish in the ocean or the sea, the ocean or the sea will be clean. The second problem is land pollution. If we plant more trees in the city and reduce waste, our environment will be better. We also create more habitats to different animals.

The third problem is air pollution. If we travel by bicycle or walk to school and use more public transport, the air will become cleaner and people will be healthier.

We really want to show our care. We hope you will give us permission to do these three things. We need to be quick as the Earth is very sick.

Thank you for reading our email and for your support.

Yours sincerely,  
6A Students  
Felix, Tim, Leo, Tony



## *An email to an organization*

By 6A Su Man Yat, Tsang Hei Man,  
Wong Sum Yi, Wong Tsz Hin

From: General@abc.edu.hk  
To: greenpeace@gamil.com  
Subject: Ways to save the environment

Dear Greenpeace,

I am writing on behalf of my school to suggest ways of helping the environment. We are planning to do three things to help the Earth.

We have come up with some ideas to save the Earth.

Firstly, the problem is marine pollution. Marine life is affected because of marine pollution. We have to reduce marine rubbish and clean up marine rubbish so that the ocean will be a better place for sea animals to live in.

Secondly, a lot of lands of Earth are used for dumping rubbish. It has affected the homes of many animals. So we must throw rubbish in the bins in order to reduce land pollution.

Thirdly, the problem is air pollution. It is because of increasing emissions of polluted air from factories results in air pollution. We should save energy and plant more trees to improve the quality of the air.

We really want to show our care. We hope you will give us permission to do these three things. We need to be quick as the Earth cannot wait for long.

Thank you for reading our email and for your support.

Yours sincerely,  
6A Students  
Hillary, Kelvin, Wong Tsz Hin, Fiona



## *An email to an organization*

By 6B Deng Wing Ching, Hung Fan Him, Mak Wa Lik,  
Wu Chun Hung, Yau Hei Yan

From: sunnyprimaryschool@gmail.edu.hk  
To: greenpeace@gmail.org.hk  
Subject: Save the earth

Dear Sir,

I am writing on behalf of my school to suggest ways to save the earth.

The first problem is habitat destruction. We plan to plant more trees and reuse paper.

The second problem is land pollution. We plan to reuse waste, such as turning unused cans into pen holders.

The third problem is that the energy is almost used up. We plan to save energy by turning off the lights which are not in use.

We really want to show our care. We hope you will consider our suggestions. We need to be quick to protect the earth.

Thank you for reading our letter and for your support.

Yours faithfully,  
Nick





## *An email to an organization*

By 6B Ho Yiu On, Leung Yat Long, Leung Tsz Wing,  
Tang Sum Yu, Liu Yong Hao, Chan Ching Man

From: Jeff@gmail.com  
To: Greenpeace@gmail.com.hk  
Subject: The ways to save the earth

Dear Sir,

I am writing on behalf of my school to tell you we are planning some ways to save the Earth.

We have come up with some ideas to save the Earth. The first problem that we want to solve is the land pollution. We plan to tell the farmers to use fewer chemicals on planting because using chemicals to plant things pollute the soil on the Earth.

Secondly, we also want to solve the problem of air pollution. We plan to plant more trees because trees can produce oxygen and absorb carbon dioxide. This can give us more fresh air.

Thirdly, we would like to deal with the problem of habitat destruction. As we mentioned above, we will plant more trees. We plant trees so that endangered birds and insects can find new homes.

We really want to show our care. We hope we can save the Earth.

Yours faithfully,  
Jeff



## *An email to an organization*

By 6B Sze To Yik Ting, Yeung Ching Nam, Chan Yan Ue,  
Cheung Wang Fung, Poon Chun Hang

From: MaryLi@gmail.com  
To: greenpeace@gmail.com  
Subject: Save the earth

Dear Sir,

I am writing on behalf of my school to suggest ways to save the Earth. We have come up with some ideas to save the Earth.

The first problem is air pollution. We can plant more trees because trees can produce more oxygen and absorb carbon dioxide. It can reduce air pollution.

The second problem is water pollution. We can stop pouring chemicals and rubbish into the sea. Chemicals and rubbish can make sea animals die. We should stop doing so.

The third problem is climate change. We can reduce the use of air-conditioners because it can reduce the release of carbon dioxide. Carbon dioxide is one of the main causes of climate change. It can help reduce the chance of global warming.

We really want to suggest ways of helping the environment. Thank you for reading our letter and for your support.

Yours faithfully,  
Kodi  
Sze To Yik Ting





## *An email to an organization*

By 6B Chan Ming Chit, Leung Hiu Si, Chan Yi Tung,  
Lai Pui Chung, Yau Sung Piu

From: Sunny Primary School  
To: Greenpeace  
Subject: Save the earth

Dear Sir,

I am writing on behalf of my school to tell you we are planning to do three things to save the earth.

We have come up with some ideas to save the earth. Firstly, the first problem is habitat destruction. We will plant more trees because it can help the animals to build the new homes.

Secondly, we would like to solve the problem of air pollution. We will tell people to travel on foot, by bicycle and public transport because the smoke from vehicles are the cause of this pollution.

Finally, the third problem is global warming. We will tell people to save energy and use less air-conditioners. This can stop global warming.

We really want to show our care. We hope you will consider our suggestions. Thank you for reading our letter and for your support.

Yours faithfully,  
Mac  
Chan Ming Chit







## *An email to an organization*

By 6B Wong Chi Hong, Leong Ka Ki, Tai Ying Ying,  
Tse Man Ching, Wong Yan Tung

From: Sunny Primary School @gmail.edu.hk  
To: Greenpeace@gmail.edu.hk  
Subject: Save the earth

Dear Sir,

I am writing on behalf of my school to tell you we are planning to do something to save the earth.

We have come up with some ideas to save the Earth. Firstly, we would like to talk about air pollution. We will plant trees so that we can help create habitats for animals. Besides, we will encourage people to travel on foot or by bicycle so that we can reduce the smoke or gases released by the cars.

Secondly, it is about water pollution. We will clean up beaches so that we can help prevent rubbish from entering the seas. We will make natural soap so that we can stop polluting the water with chemicals.

Thirdly, we concern about light pollution. We will turn off the lights when we leave home and save energy so that we can reduce light pollution.

We hope you will consider our suggestions to save the earth.

Thank you for reading our letter and for your support.

Yours faithfully,  
Bella



## *An email to an organization*

By 6B Wong Sze Ching Ellie, Xu Hung Hin,  
Chan Chun Yu, Lai Cho Yui, Mok Kai Hei

From: Sunny school @gmail.com  
To: Greenpeace@gmail.com  
Subject: Save the earth

Dear Sir,

I am writing on behalf of my school to suggest ways to save the Earth. We have come up with some ideas to help the Earth.

The first problem is air pollution. We need to take public transport so that it can reduce the gases and smoke from the cars. It can prevent air pollution.

The second problem is water pollution. We should not throw the rubbish into the sea because we can help prevent rubbish from entering the seas and protect the sea animals.

The third problem is habitat destruction. We plan to plant trees. We plant trees so that the animals can have their homes.

Thank you for reading our suggestions. We hope the Earth can be much better.

Yours faithfully,  
Ellie  
Wong Sze Ching



## *An email to an organization*

By 6C Lai Hoi Ching, Wong Pui Yee, Nam Tin Ching,  
Leung Hiu Lam, Pang Ching Hiu and Lo Cheuk Tung

Dear Sir/Madam,

I am writing on behalf of my school to suggest ways of helping the environment.

Firstly, it is air pollution. Our plan is to use public transport and plant trees so that we can breathe in fresh air.

Secondly, it is water pollution. We want to design some leaflets to educate people not to throw rubbish into the sea. If people can behave themselves, the sea will be clear as crystal and fish will not be affected.

Thirdly, it is light pollution. We plan to ask companies not to turn on the lights at night. Therefore, people can have a good sleep at night.

We really want to show our care. We hope you will support us. Thanks!

Yours faithfully,  
Holly  
Lai Hoi Ching







## *An email to an organization*

By 6C Tse Man Hin, Ho Ho Lam, Lo Wang Nok,  
Chung Chin Pang and Tam Yu Hin

Dear Sir/Madam,

I am writing on behalf of my school to write an email to Greenpeace to suggest ways of helping the environment. Let me tell you my suggestions. Details are as follows:

Water pollution: We need to prevent water pollution, so we should not throw rubbish into the sea.

Land pollution: We need to stop land pollution. We should reuse old things, buy less things and use both sides of the paper.

Air pollution: We need to stop air pollution. We should use public transport instead of taxi. Besides, we should save energy like turning off the lights when we leave the room.

These are our suggestions and we hope we can save the Earth together. Thanks!

Yours faithfully,  
Alex Chung





## *An email to an organization*

By 6C Wong Sum Yee, Choi Hoi Ching, Sham On Ting,  
Lee Yan Lam and Wong Wan Yiu

Dear Sir/Madam,

I am writing on behalf of my school to support your ideas to save the Earth!

First, there is a big problem in Hong Kong. It is light pollution. At school, we should turn off the lights when we leave the classroom.

Besides, land pollution is also a big problem too. If we use paper, we should write on both sides of the paper and remember to throw it into the recycle bin.

Finally, air pollution is a quite serious problem. If we go to school by public transportation or on foot, air pollution will be improved.

I hope we can help save the Earth together. Thanks!

Yours faithfully,  
Charis  
Wong Sum Yee





## *An email to an organization*

By 6C Hui Ka Tuen, Lau Shing Chun, Hung Yat Long,  
Au Shu Fai, Leung Wai Hang and Ying Tsun Lok

Dear Sir/Madam,

I am writing on behalf of my school to write an email to Greenpeace to suggest ways of saving the environment. Let me tell you our suggestions.

For light pollution, we can turn off the lights to save energy. Give an example. If you go out, you should turn off the lights.

For land pollution, we need to join the planting trees events. Cut less trees can save the Earth, too.

For water pollution, I wonder why we have water pollution. The reason is that people throw rubbish into the sea. If we do not throw rubbish into the sea, the problem will be solved.

I hope we can save the Earth. Thanks!

Yours faithfully,  
Kobe  
Hui Ka Tuen







## *An email to an organization*

By 6C Chen Wing Ying, Lai Tsz Ying, Law Hoi Tung,  
Li Man Fai and Tung Lok Sum

Dear Sir/Madam,

I am writing on behalf of my school to tell you that we can do something to save the Earth.

First, it is about air pollution. We plan to use public transport so that people can breathe in fresh air. The toxic gas will make our body unhealthy. Plant more trees can make the earth have more oxygen and the air will become fresh.

Next, it is land pollution. We plan to use fewer chemical substances on our farms, reuse old things and reduce waste. Chemical will damage the earth and our health.

After that, it is light pollution. We should turn off the lights at night. People can have a good sleep and it is good to our trees.

We hope you will like our suggestions. Thank you for your support!

Yours faithfully,  
Winnie  
Winnie Chen





## *An email to an organization*

By 6C Ng Ho Tin, Wong Yim San, Man Pak Kwan

Dear Sir/Madam,

I am writing on behalf of my school to solve the environmental problems and suggest some eco-friendly actions.

Firstly, we should save energy. We should turn off the lights if we do not use it.

Secondly, we should turn off the air-conditioner if it is not too hot. Sometimes, we can turn on the electric fan to get cool. Also, we can use a paper fan, too. When we go out, I think we should walk or ride a bicycle. We should not waste our energy.

Finally, we can plant trees to save the Earth. I hope we can work together to save the Earth.

Yours faithfully,

Elvis

Ng Ho Tin





## *An email to greenpeace*

By 6D Lam Yuet Kiu, Mak Cheuk Ying, Giri Mahima,  
Ng Ka Hei, Ng Hoi Chun

From: Class 6D@abc.com  
To: Greenpeace@abc.com  
Subject: Ways to save the environment  
Date: 22<sup>nd</sup> November, 20xx

Dear Sir/ Madam,

I am writing on behalf of my school to suggest ways of helping the environment. We find environmental problems, e.g. land pollution, air pollution and water pollution, are becoming serious in Hong Kong.

What can we do to solve the problem of land pollution? We can reduce waste, reuse old things and buy less to help reduce land pollution.

What can we do to solve the problem of air pollution? We can plant more trees. Trees give more fresh air. We can also reduce the numbers of factories. We can travel by public transports instead of private cars. So gas emissions can be reduced.

What can we do to solve the problem of water pollution? We shouldn't throw waste into the sea. We should and prevent oil spill from ships which can reduce water pollution. So sea animals can have a better place to live.

Thank you for reading our email. We hope our suggestions can help saving the Earth!

Yours sincerely,  
Class 6D







## *An email to greenpeace*

By 6D Chan Ching Tung, King Suet Ying,  
Huang Ho Chung, Wong Chun Yu

From: 6D sunny primary school@aaa.com  
To: Greenpeace@bbb.com  
Subject: Ways to save the environment  
Date: 27<sup>th</sup> November, 20xx

Dear Sir/ Madam,

I am writing on behalf of my school to suggest ways of helping the environment. I know the pollutions in Hong Kong are very serious. I think of some plans to solve these problems.

Air pollution will get worse unless you use public transport instead of private cars and reduce the use of air-conditioners. Besides, we can plant more trees, so we can have more fresh air.

Water pollution will get worse unless you throw rubbish in the rubbish bin instead of the sea. If there is no water pollution, we can go to the beach and swim in the clean water. The sea animals can have a safety place to live.

Land pollution will get worse unless you reduce waste and learn to buy less. We should throw rubbish in the rubbish bin. We shouldn't buy things that are unnecessary. We can have a nice environment to live if there is no land pollution.

Thank you for reading the email. We hope we can help the Earth!

Yours sincerely,  
Class 6D



## *The day in a shopping mall*

6A Cheung Yuk Nam

Yesterday, mum and I went to a shopping mall. It was in Leung King. I went there because I wanted to buy a football. In the shopping mall, I saw many shops. Then I went to a toy shop. There were many new robot models. I felt very glad. The shopkeeper said, "It's a new model." After I left the shop, I couldn't find my mum. I was lost. I felt worried and upset.

"Don't worry, boy. I will help you," the shopkeeper said.

The shopkeeper took me to WyMan's Shoe Shop. And then I saw my mother buy some shoes. My mother said, "I am buying some shoes for you and your dad." I felt very happy. At last, my mother bought me a pair of running shoes.

## *Healthy eating*

6A Fung Yuk Kiu

My favourite food is rice because it is very yummy. I eat rice every day with my family.

We should eat more grains because they help us strong. We should eat more vegetables because they help me stay healthy. I eat grains for breakfast every morning and eat vegetables for dinner in the evening.

We should eat less ice cream, sweets and chocolate. They are too sweet for us.

They are bad for our health and teeth. We do not want to put on weight.



## *My trip to Lamma Island*

6A Chu Tin Yan

Last Sunday, my parents, my brother and I went hiking. We went there by ferry. We were excited because this was our first time to go hiking. The weather was fine. We went to the pier, it was windy.

Suddenly, the weather changed, lightning appeared in the sky and the surrounding water caused huge waves. The whole ferry floated and shook a lot. On the way to Lamma Island, I felt uncomfortable because the ferry ride was too bumpy. So I could not help vomiting.

Fortunately, my mother quickly gave me a plastic bag for throwing up. In the end, I had to stop traveling because I was too uncomfortable. I was taken to a hospital too.

What a bad day!

## *A bad day*

6A Leung Tsz Long

Last night, my family and I went to a shopping mall to have the hotpot dinner. The restaurant was crowded and dirty. While we were eating, some children were playing hide-and-seek to have fun. My mum was angry because they were noisy.

Suddenly, my sister threw a sausage into the hotpot. The hot water splashed onto my leg. I felt scared and sad because I burned my leg.

In the end, I was fine after seeing the doctor. After this, I think I will not have the hotpot any more





## *A letter to a principal*

6A Ho Wan Ching

The Principal  
Sunny Primary School  
Estate School No. 6  
Lovely Estate  
Tuen Mun, N. T.

15<sup>th</sup> October, 2019

Dear Principal,

### **Ways to help the poor children in China**

I am in Class 6A. We are all very sad to know that there are so many poor children in China. I am writing on behalf of my class to tell you we are planning to do three things to help the poor children in China.

We have come up with some ideas to help the poor children in China. Firstly, I know that the poor children do not have enough clothes. If we donate some clothes to them, they will have more clean clothes to wear.

Secondly, I know that the poor children do not have enough food to eat. If we teach them to plant more effectively, they will have more food to eat. Besides, I know that they do not have enough clean water to drink. If we donate some money to build a factory to distill their water, they will have more clean water to use.

We really want to show our care. We hope you will give us the permission to do these things. We need to be quick as the poor children are all waiting for help.

Thank you for reading our letter and for your support.

Yours sincerely,  
Dora Ho



## News Report

6A Hon Uen Hei

Home > News      PLK Fong Wong Kam Chuen Primary School  
Latest news, breaking news and comments  
A stray dog saves our schoolmate, Johnny

By Kailey Hon

Last Monday was sunny. Johnny went to a park near our school in the afternoon. He was playing in the park when he saw a poor lovely stray dog. He went playing with the dog and they both enjoyed playing with each other.

Suddenly, a robber pointed at Johnny with a knife. He felt scared. The dog was clever. It barked at the robber and it also ran to bite the robber's leg. The robber screamed and ran away at once. So Johnny was safe at last.

In the end, Johnny felt thankful to the dog because it saved his life. In order to thank the dog, Johnny took the stray dog back home and kept it as his pet.





## *A diary about illnesses*

6A Lai Tsz Ki

Friday, 13<sup>th</sup> September

weather: cloudy

Candy did not go to school last week. She was very sick and stayed in hospital for few days.

Candy is often ill and she was ill again this weekend. She had a cough, the flu and a fever. Her temperature was 38°C. She was exhausted and dizzy. Moreover, she had no appetites and did not want to eat anything.

In order to help her to recover faster, I told her to wear a mask when she visits a doctor so that she could avoid cross infection. I also told her to get enough rest so that she could enhance her immune system. Last but not the least, I told her to take the medicine on time.

Candy has been ill several times this year. I think she should do more exercise such as jogging and skipping. Furthermore, I think she should eat more vegetables and fruits, for example lettuce and apple. Most importantly, she should not go to school when she is ill.







## Writing a diary

6A Lau Wan Wai

28<sup>th</sup> February, 19

Sunny

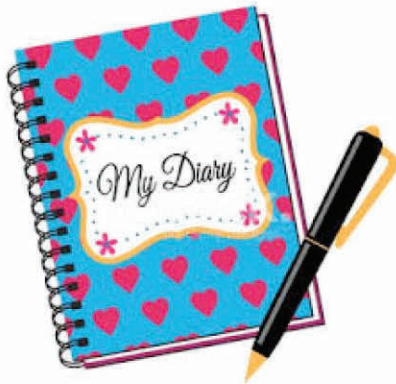
Dear Diary,

My parents were free today, so they went out with me to have fun. We did two special activities today.

In the morning, we went to a cinema to watch a film. I was very excited because I used to watch films twice a month. Now I watch films once a month only. I saw my friend, Mary in the cinema. I talked to her before I watched the film and we both felt glad to see each other.

In the afternoon, we went bowling in a bowling centre. I felt wonderful because I had never been to a bowling centre before. I enjoyed this funny activity because I love bowling so much. I felt great.

What a happy day! I felt fantastic that my parents could do so many things with me. I hope I will have a good day with them next time.





## *A letter to a friend*

6A Leung Kam Wa

Room 722, 7/F,  
Leung Yin House,  
Leung King Estate,  
Tuen Mun,  
New Territories

Dear Marco,

How are you, Marco? I know you will come to Hong Kong next month. So I want to tell you about the culture and the life in Hong Kong before you visit Hong Kong.

First, I will tell you about our costumes. People usually wear ordinary clothing because the weather in Hong Kong is hot. We usually wear school uniforms when we go to school.

Then, I will tell you about the cuisines. We all know Hong Kong is "Food Paradise". My favourite foods are fishballs and milk tea because they represent Hong Kong. In Hong Kong, people usually speak Cantonese. Sometimes, people speak English when they need to.

Finally, I will tell about the festivals that people celebrate in Hong Kong. People celebrate Chinese New Year and Mid-Autumn Festivals. They get red packets at Chinese New Year and enjoy the full moon at Mid-Autumn Festival. People also celebrate Christmas. At Christmas, people exchange gifts and see Christmas lights.

I am looking forward to hearing from you soon.

Love,  
Michael



## A blog entry

6A Ng Tsz Ho

### Hobe's blog

#### Two habits that I want to develop

I am going to develop two good habits to make me a better student at school.

Good habit 1: Do my homework on time

I ought to do my homework on time because I do not want to be punished by my teachers. Doing homework helps me to learn better. I have thought of a way to help me develop this good habit. I will make a schedule to make sure I finish all my homework before eating dinner.

Good habit 2: Change my socks every day

I ought to change my socks every day because I do not want my friends laugh at me because of my smelly socks. Changing my socks every day will make me clean. I think it is not difficult to develop this good habit. I will make a timetable to make sure I change my socks before sleeping.

Posted on 27thSeptember, 19, 8:30 p.m.





## A gathering at Mid-Autumn Festival

6A Ngo Sum Yin

Dear Miss Chan,

We have chosen these activities: making the sticky riceballs, enjoying the full moon and making Chinese lanterns for our gathering at Mid-Autumn Festival.

For making the sticky riceballs, Sam has already found some videos to learn how to make the sticky riceballs but he has not bought the ingredients to make the sticky riceballs yet.

For enjoying the full moon, Tom has already selected a good place to enjoy the full moon and Mary has already bought the mooncakes for enjoying the full moon.

For making Chinese lanterns, I have already found some videos to learn how to make Chinese lanterns. Mike has also bought the coloured paper and strings for making the lanterns.

Don't worry. Everything will be ready for the gathering at Mid-Autumn Festival.

Best,  
Agnes







## *The day in a shopping mall*

6A Pang Wing Ching Felix

Last Sunday, my mum and I went to a shopping mall in Tsim Sha Tsui. I went there because I wanted to buy some toys. I got there by MTR train. I saw models, cameras and so many toys there. I was very happy.

I saw many new robots too. The shopkeeper said, 'It is a new model.' At the same time, my mother went to a shoe shop. I was scared and I cried loudly.

My mother got out of the shop quickly when she heard that I was crying. Luckily, I had a mobile phone. So I called my mother and told her where I was. Finally, I found my mother. I felt lucky.

## *A person I admire (Rex Tso Sing Yu)*

6A Su Man Yat

Have you ever heard of Rex Tso Sing Yu? Do you know he has won a lot of international boxing competitions?

Rex Tso Sing Yu was born in 1987 in Hong Kong. He became a professional boxer in 2011. He joined his first boxing competition in September 2011.

Rex Tso Sing Yu is a very humble and grateful man. He won 21 fights continuously up to March 2017 but he never feels proud. He is also brave because he always faces a lot of strong competitors.

Rex Tso Sing Yu is a person I admire. He teaches us that we should not give up easily. He also teaches us that we can do a lot of things if we try hard.



## Healthy eating

6A Tsang Hei Man

My favourite healthy food is noodles. I always eat this kind of healthy food. I like eating noodles because they are yummy and they make me strong.

I should eat more vegetables and fruits. I should drink less cola and eat less candy. Eating too much oil and salt are bad for me. Eating rice and bread are good for me.

We also need to have the healthy eating habits. We should eat slowly and chew properly. We should not miss any meals. We should not add too much oil, sugar and salt to our food. We should not have snacks before meals. We should stop eating when we are full.

## News Report

6A Tsang Hiu Yeung

Home > News      PLK Fong Wong Kam Chuen Primary School  
Latest news, breaking news and comments  
A stray dog saves our schoolmate, Johnny

By Tim Yeung

Last Sunday was sunny. Johnny went to a park in Tuen Mun. He was playing on a slide when he saw a stray dog. Although the dog was dirty, the boy liked to play with it.

Suddenly, a robber appeared and he pointed at Johnny with a knife. Johnny felt scared. The dog was brave and it bit the robber's hand. The robber was afraid and he left the park quickly.

In the end, Johnny and the dog were safe and they both felt happy. So they played together again for the whole day.



## *A letter to a principal*

6A Wong Chun To

Sunny Primary School  
Estate School No. 6  
Lovely Estate  
Tuen Mun, N. T.

15th October, 2019

Dear Principal,

### **Ways to help the poor children in China**

I am in Class 6A. We are all very sad to know that there are so many poor children in China. I am writing on behalf of my class to tell you we are planning to do three things to help the poor children in China.

We have come up with some ideas to help the poor children in China. Firstly, I know that the children in China do not have enough books to use. If we collect some old books from our classmates, the children will have enough books to read.

Secondly, I also know that the poor children do not have enough stationery. If we donate some stationery to them, they will have more stationery to use. Thirdly, I also know that they do not have enough clothes to wear. If we donate some clean clothes to them, they will have enough clothes to wear.

We really want to show our care. We hope you will give us the permission for helping.

Thank you for reading our letter and for your support.

Yours sincerely,  
Wong Chun To





## Writing a diary

6A Chan Hiu Nam

28<sup>th</sup> February, 19

Sunny

Dear Diary,

My parents were free today, so they went out with me to have fun. We did two special activities today.

In the morning, we went bowling in the town centre. I was very excited because I used to go bowling six times a week but I seldom go now. I saw my friend, Leo. He is good at bowling. He taught me how to do better.

In the afternoon, we did jigsaw puzzles at home. I felt difficult because there were so many pieces. Luckily, my dad helped me and I could make a beautiful picture with all the pieces. It was fun and interesting. I felt great.

What a wonderful day! I felt wonderful that my parents and I could do so many things together. I hope I will have another happy holiday.







## *An email to my cousin*

6A Kwok Tsz Hei

To: Dora123@plkfwkc.edu.hk

Bcc: Timmy877@yahoo.com

Subject: A day in Ocean Park

Hi Dora,

Hey! Dora. I went to Ocean Park with my father and my mother yesterday. When I arrived there, I went to the Ocean Theatre. I watched the dolphin show there and it was nice. The dolphins jumped through the hoops. I thought the dolphins were funny and I cheered for them.

I clapped my hands loudly because I was excited. I even stood up to cheer loudly. I thought the show was great and wonderful but I dropped my wallet unexpectedly at the same time!

Next, we went to the souvenir shop. I wanted to buy some toys. When I took out the money, I found that I lost my wallet. I felt afraid and I said, 'No! No!' The shop assistant told me to call the police. Luckily, they caught the thief and I got my wallet back finally.





## *A “Car” accident*

6B Chan Chun Yu

Yesterday was my birthday but a “Car” accident happened. I was going to the cake shop to buy a birthday cake with my mum.

Suddenly, a stroller slipped out of the road because the baby’s mother didn’t hold the stroller tight carefully. At that moment, a car was coming. The car tried to get away to avoid hitting the stroller, but it crashed into a tree eventually. The driver of that car broke his leg. Luckily, the baby didn’t get hurt. My mum called the police quickly.



This morning I saw that driver on the news. Other people said he was a hero!

## *An accident at home*

6B Cheng Tsz Ching

Yesterday, my family and I were doing different things at home.

Dad was watching news on a mobile phone while my sister and I were doing homework. Suddenly, we heard a loud sound. A bottle was broken! Mum got hurt! She cut her finger and hurt her back! When Dad wanted to see which parts she got hurt, he fell off a chair and twisted his ankle! My sister and I called the police immediately.

Five minutes later, the police and the ambulance arrived. They took Dad and Mum to hospital at once. In the hospital, my sister and I talked to my parents, “Take good care of yourselves and we wish you a quick recovery. We will be good and take care of ourselves.” In the end, we smiled to one another happily.

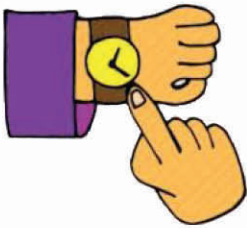
Today, I have learned to stay calm in difficult situations.



## Mac's blog

6B Chan Ming Chit

I'm going to develop three good habits to make me a better student at school.



### Good habit 1: Be punctual

I ought to be punctual because I want to give people a good impression. Being punctual can prevent me from missing out on anything.

I've thought of a way to help me develop this good habit. I'll leave home earlier every morning.

### Good habit 2: Do homework on time

I ought to do homework on time because I want to be responsible. Doing homework on time can prevent me from forgetting to do homework. I think it's not difficult to develop this good habit. I'll do homework once I go back home.



### Good habit 3: Go to bed early and wake up early

I ought to go to bed early and wake up early because I want to have energy to go to school. Going to bed early and waking up early can help me stay awake during the day. I've thought of a way to help me develop this good habit. I'll set a timetable.

Posted on 27th September, 2019, 20:32



## *A recipe - mango mochi*

6A Ho Yiu On

### Ingredients:

1 mango  
250ml milk  
25ml salad oil  
40g starch  
50g powdered sugar  
100g shredded coconut  
150g glutinous rice flour

### Instructions:

1. First, mix the glutinous rice flour, powdered sugar and starch well.
2. Then, pour some milk and salad oil into the mixture and mix it until it becomes smooth.
3. Next, put the mixture into a pot and boil it for 15 minutes until it becomes a batter. Take it out to cool down.
4. After that, peel and cut a mango into cubes.
5. Then, add some mango pieces in the middle of a spoonful of batter and roll it into a ball gently.
6. Finally, put the mochi into a bowl of shredded coconut. Roll it and you can serve it.





## News Report

6B Hung Fan Him

### A Brave Puppy That Saves Johnny By Thomas Hung

Yesterday was sunny and warm, so Johnny took a rest under a tree in the park. A little puppy came to him and licked him. Then Johnny played with it with a stick. Both of them played happily.

Suddenly, Johnny met a masked man with a knife. He pointed his knife at Johnny and said, " Give me all your money or I'll hurt you with my knife!" Johnny was in panic.

Suddenly, the puppy bit the thief. "Ouch, get away, you puppy!" said the thief and he kicked the puppy. The puppy wasn't afraid of the thief, so it bit him again. The thief's leg was bleeding badly while Johnny was calling the police. The police came five minutes later.

The police arrested the thief. Instead of taking him to the police station, the police took him to hospital. Johnny took the brave puppy home in the end.





## *A person I admire - Rex Tso*

6B Lai Cho Yui

Have you ever watched the video of the championship boxing? Have you ever heard of Rex Tso?

Rex was born in 1987. He has been a professional boxer for over seven years. His job is to try his best to beat his opponents in the competitions.

He is a very brave man. He can do some unique and special actions. He always tries to do his best and he never gives up.

Rex Tso is the person I admire. He teaches us that we should be brave when we face the difficulties.

## *Writing a diary*

6B Wang Kelvin

5th March, 2019

Sunny

Dear Diary,

My parents were free today, so they went out with me to have fun. We did two special activities today.

In the morning, we went fishing together. I caught a fish by myself! It was so beautiful, so I asked my dad if I can keep it as a pet. Dad said, "Of course you can but you have to take care of it by yourself." After a while, mum caught a fish too. This fish is red and mum said that it was very expensive at the market. I ate that when we had our barbecue.

In the afternoon, we had a barbecue at the country park. The food tasted yummy. Suddenly, my parents took a cake out! They also prepared presents for me. I felt very surprised! My mum gave me a box of Lego and my dad gave me a dog as my presents! I love them so much!

What an exciting day! I was very glad to play with my parents for the whole day today. I want to have another holiday with them again.



## *An email to my cousin*

6B Mok Kai Hei

Dear Dora,

My parents and I went to Ocean Park yesterday. We went there by bus at nine o'clock.

First, we watched the dolphin show at the Ocean Theatre. The show was great and we felt excited. After that, we went to a souvenir shop. I wanted to buy some souvenirs for my friends. When I wanted to pay for the souvenirs, my parents asked me, "Where is your wallet?" "Oh! My wallet was lost! I probably lost it at the place where we watched the dolphin show!" I went back to the Ocean Theatre to look for my wallet with my parents. However, we didn't see my wallet. We also tried to ask the staff at the tourist centre to see if anyone has picked it. Unluckily, they didn't get any wallets at Lost and Found. I was so disappointed.

We went home sadly. I think I was too careless. I learned that I should keep my wallet well after the incident today.

Yours,  
Clement

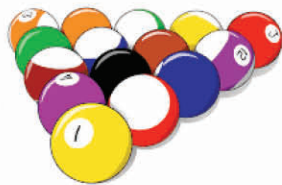
## *A person I admire*

6B Wong Sze Ching Ellie

Have you ever heard of Ng On Yee? Do you know that she is an athlete of snooker?

Ng On Yee was born in Hong Kong in 1990. She is a snooker player. She began her snooker education at the age of 3. She won the Ladies World Snooker Championship in 2015, 2017 and 2018. She was ranked number one in the world women's snooker this year.

Ng On Yee is a person I admire. She teaches us that we can achieve our goals if we try hard.







## *A diary about illnesses*

6B So Chamelli Miyuiki

Friday, 13<sup>th</sup> September, 2019

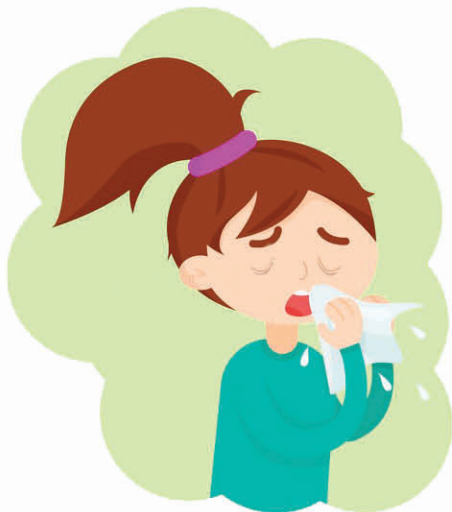
Weather: Sunny

Candy did not go to school last week. She was very sick and stayed in hospital for few days.

Candy is often ill and she was ill again this weekend. She felt unwell in the morning. She had a cough, a runny nose and a sore throat. She had the flu, so that she felt very tired. Her temperature was 40°C. She also had a fever.

In order to help her recover faster, I told her to go to hospital because she had a high temperature. The doctor told her to get enough rest. She should take some medicine for her fever and the flu, so that she will recover more quickly.

Candy has been ill several times this year. I think she should exercise regularly. She shouldn't stay up late. She should go to bed before ten o'clock. She should eat more vegetables and fruits, so that she can stay healthy.







## Writing a diary

6B Sze To Yik Ting

5<sup>th</sup> March, 2019

Sunny

My parents were free today, so they went out with me to have fun. We did two special activities today.

In the morning, we went ice skating. I felt very happy because I used to go ice skating twice a month but I seldom go now. I saw my friend, Angel. She is not good at ice skating, so I taught her how to play and do some tricks. We skated happily together.

In the afternoon, we went fishing. I was very excited because this was the first time I went fishing. I fell into the water when I was fishing. Luckily, Dad dropped the life buoy, and I didn't drown. My body had been wet when I came up in the water, so I went to the toilet and used a hand dryer to dry my clothes. This was the most unforgettable thing today.

What a wonderful day! I was happy that my parents and I could do so many fun things together. I hope I won't fall into the water again next time and can go ice skating with Angel again next time.





## *A gathering at Mid-Autumn Festival*

6B Wu Ching Yau

Dear Miss Chan,

We have chosen these activities: making the sticky rice dumplings, making the mooncakes, making the lantern riddles and preparing the dance performance.

For making the sticky rice dumplings, Sam has already found some videos to learn how to make the sticky rice dumplings but he has not bought the ingredients from the supermarket yet. He will buy all the ingredients soon.

For making the mooncakes, Angel and Sisi have already bought the ingredients. They have watched some videos to learn how to make mooncakes too.

For making the lantern riddles, Candy has not bought the coloured paper, glue and scissors yet. However, she has already prepared the strings and found a lot of riddles.

For preparing the dance performance, Heidi, Betty and I have not chosen the music or rehearsed the dance yet. We will prepare it as soon as possible.

Don't worry. Everything will be ready for the gathering at Mid-Autumn Festival.

Best,  
Nicole





## *The car accident*

6B Mak Wa Lik

One day, Lisa's family went to the country park by car. Her dad was driving while her mum was reading the newspaper. Grandma was reading text messages on the car while Grandpa was taking a nap.

They were very happy and excited to go to the country park. Suddenly, the weather became bad. The sky turned dark. Lisa's dad could not see the road clearly and the road was too wet. The car crashed into a lamppost. The lamppost fell down and the car broke down.

Lisa broke her leg. Everyone got hurt. Lisa's dad called the police. An ambulance took Lisa and her family to hospital. What a bad day!



## *My trip to Lamma Island*

6B Tang Sum Yu

I went to Lamma Island with my family last Sunday. It was an unforgettable day!

In the morning, we went to Lamma Island by ferry. The weather was good for hiking! That was windy! After we got on the ferry, there was thunder and lightning suddenly. The waves were huge! The ferry was unstable. I felt ill and dizzy. Mum and Dad took a plastic bag for me because I wanted to throw up. After twenty minutes, we arrived at Lamma Island. Mum asked me, "Are you getting better?" I nodded and answered, "Don't worry about me."

Because of the rain, thunder and lightning, we couldn't go hiking. We could only have lunch and walk around.

What an unlucky Sunday!





## *Chloe's accident in the park*

6B Wong Yan Tung

Last weekend, Chloe and her family went cycling in the park.

While Chloe was cycling, the other people were doing different things. Chloe's mum and dad were running. Chloe's younger brother was dancing and Chloe was cycling. Suddenly, it started raining. Chloe's younger brother cried and Chloe could not see the road clearly. She crashed into a tree.



In the end, Chloe broke her leg. Chloe's dad called the police. An ambulance took Chloe to hospital. She was so unlucky!

## *Healthy eating*

6B Yau Hei Yan

Do you have a healthy eating?

My favourite healthy food is rice because it is very yummy. I eat rice every day.

We should eat more grains, fruit and vegetables because grains give us energy. We should eat less oil, salt and sugar because it is bad for our health and may make us gain weight.



Although instant noodles are yummy, they are high in fat and salt. It is bad for us. We should eat more fruit because it is good for us.





## *A letter to a principal*

6B Yau Sung Piu

Sunny Primary School  
64 Hopeful Street  
Causeway Bay  
Hong Kong  
18<sup>th</sup> October, 2019

Dear Principal,

### Ways to help the poor children in China

I am in Class 6B. We are all very sad to hear about the poor children in China. I am writing on behalf of my class to tell you we are planning to do three things to help the poor children in China.



We have come up with some ideas to help the poor children. Firstly, if we hold a cookie sale, we will get some money and we can donate the money to the poor children in China. They can buy the goods they need.

Secondly, if we collect the old books from our schoolmates, we will get some books and donate the books to the poor children in China. They can read and learn from the books.

Thirdly, if we collect some old school bags from our schoolmates, we will have enough school bags to help them. They can put the books into the school bags. So they do not need to carry the heavy books with their hands.

We really want to show our care. We hope you will give us permission to do these three things. We need to be quick as the students are waiting for help.

Thank you for reading our letter and for your support.

Your faithfully,  
Yau Sung Piu



## *A letter to a friend*

6C Li Sui Yu

Dear Marco,

How are you? I am so excited that you will come to Hong Kong next month. Who will come with you?

Next month is Christmas. It will be cold in Hong Kong. At Christmas, I will bring you to see the Christmas light decorations in Tsim Sha Tsui. I think it will be wonderful to celebrate Christmas with you. If you can stay longer, we can watch fireworks and lion dances in January.

People in Hong Kong usually speak Cantonese but they will speak English. Don't worry about the language. I think it is not hard for you to learn Cantonese. Besides, there are different kinds of food in Hong Kong. I will take you to try some famous local food like stinky tofu and curry fish balls. The food in Hong Kong is very delicious. I think you will love it very much.

Students in Hong Kong always wear school uniform to school. What do students in America wear to school? I hope I can have a visit in the U.S.A.

Anyway, I look forward to seeing you soon!

Love,  
Steven





## *A diary about illnesses*

6C Tung Lok Sum

13<sup>th</sup> September, 2019

Weather: Sunny

My friend, Candy, did not go to school last week. She was very sick and stayed in hospital for a few days.

Candy is often ill and she was ill again this weekend. She had got a cough, a runny nose and a sore throat. She also had a fever. Her temperature was around 38-39°C. She felt tired because she had the flu. Her situation was getting worse.

In order to help her to recover soon, I told her to get enough rest and stay in bed. I also asked her to wrap herself in a warm blanket and take medicine on time.

It seems that Cindy has been ill several times a year. I think she should do exercise regularly and have a balanced diet every day. She shouldn't eat unhealthy food. She should eat healthy food and get enough rest. I hope she can recover as soon as possible.







## *A letter to a principal*

6C Chan Tat Long

25<sup>th</sup> October, 2019

Dear Principal,

Ways to help the poor children in China

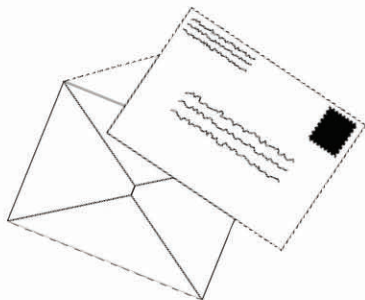
I am in Class 6C. I am writing on behalf of my class to tell you that we are all very shocked about the news of the poor children in China. We are planning to do something to help them.

We have come up some new ideas to help the poor children. Firstly, if we hold a sale for selling cupcakes and cookies, we will have some money for the children to buy things themselves. Secondly, if we encourage our fellow classmates to donate their old books, we can collect different kinds of books for the children in China to read books. Thirdly, if we collect some sport equipment from our school and home, the poor children can do exercise to keep fit and be healthy.

We really want to show our care. We hope you will help the children and select our plan to help the poor children in China.

Thank you for reading our letter and for your support.

Yours sincerely,  
Felix Chan







## *My trip to Lamma Island*

6C Nam Tin Ching

Last Sunday, my family and I went to Lamma Island to go hiking.

In the cool and windy morning, we went to Lamma Island by ferry. At that time, I felt very excited because I had never been there by ferry. The sea view was wonderful. My parents and I enjoyed taking photos together.

Half an hour later, the weather suddenly changed. There were thunder and lightning. The waves were huge. I was feeling dizzy and wanted to throw up. Luckily, my mum had taken some medicine for me in case if I needed. She gave me a plastic bag and comforted me. My dad gave me a jacket to keep warm. I knew my family was very worried about me.

An hour later, the weather became stable. It was sunny. I was recovered and felt better. We arrived at Lamma Island safely. It was great we can continue our journey. We felt relaxed and enjoyed our hiking very much.

I hope I can go to Lamma Island again with my friends!





## *Healthy eating*

6C Hung Ho Kiu

Undoubtedly, people like to eat potato chips, chocolate bars and snacks. They think that eating snacks is delicious. But is it healthy? How can we keep our bodies healthy?

My favourite healthy food is rice. I eat it every day. I like eating it because it is full of energy. Although potato chips are tasty, I seldom eat chips because they are too oily. Besides, I like eating vegetables, fruit and dairy products in order to have a balanced diet.

On the whole, eating more vegetables, fruit, dairy product and grains can help us keep our bodies healthy. If we eat them and do exercise every day, we will be stronger than before.

## *An accident*

6C Leung Hiu Lam

Last week, Abby, Kiki, Cindy and Tai went on a camping. Abby and her friends went camping by bus. While Abby was watching videos, Kiki was sleeping on a seat. Cindy and Tai were playing cards games.

Suddenly, it started to rain heavily and there was a storm. The driver could not see the road clearly. He was driving on a winding and narrow road when the bus crashed into the other vehicle. All the passengers were trapped on the bus. Everyone was very scared. At that moment, Tai and Kiki were screaming loudly. Tai's leg was broken. Kiki was in a coma. Luckily, Cindy was calm and she called the police immediately.

Finally, an ambulance arrived and took Kiki and Tai to hospital.

What a gloomy day!



## *A person I admire*

6C Man Pak Kwan

Have you ever seen a famous professional boxer in Tuen Mun? Have you ever seen a boxing competition?

Tso Sing Yu, Rex, is a well-known name in Hong Kong's sporting circle. He was born in 1987. He grew up in Tuen Mun. He is a famous professional boxer in Hong Kong. His school results were not good. He left school before finishing Secondary 5.

Rex became a professional boxer in 2011. Although he faced a lot of difficulties, he always tried his best to fight back in each competition. He had won 21 fights continuously up to March 2017.

Rex is very hardworking and humble. He is a person I admire. He teaches me not to give up. I should have courage to face my problems. I believe I can overcome my difficulties if I try hard.







## News Reports

6C Pang Ching Hiu

### Latest news, breaking news and comments

#### A brave dog

By Hiumie Pang

There was a crime in the Happy Park at nine o'clock.

At eight thirty, Johnny was walking near the park. He saw a stray dog who looked very miserable, so Johnny played with it. They played happily and excitedly. Suddenly, a man with a mask took out a knife and pointed to Johnny. "Give me all your money. If not, I'll kill you." The man said fiercely. Johnny was so scared. His face was pale. He did not have any money. He thought the robber would kill him.

At that moment, the dog jumped up and bit the robber so hard. The man's leg was bleeding badly and could not move. Johnny called the police immediately. A few minutes later, the police came and arrested the robber.

In the end, Johnny was very pleased. He thought the dog was loyal to him. It saved him, so he decided to bring the dog home.







## Vincent's blog

6C Tam Yu Hin

Three good habits that I want to develop

I am going to develop three good habits to make me be a better student at school.

Good habit 1: Never skip breakfast

I ought not to skip breakfast because I will be weak if I don't have enough energy. I cannot study well and I need to stay in bed. I have thought of a way to help me develop this good habit. I will eat more rice, noodles, vegetables and meat at lunch.

Good habit 2: Be punctual

I ought to be punctual because I do not want the other people to wait for me. I think it is not difficult to develop this good habit. I will leave home twenty minutes earlier to walk to school.

Good habit 3: Never play hide-and-seek at school

I ought not to play hide-and-seek at school because I will collide with other classmates. I do not want to see anyone get hurt. I have thought of a way to help me develop this good habit. I will not run at recess or lunch break. If my friends and I really want to play hide-and-seek, we will ask our parents to bring us to a park. There will be more spaces for us to play.

Posted on 17th October, 2019, 12:05





## Writing a diary

6C Wong Wan Yiu

17<sup>th</sup> February, 2019

Sunny

Dear Diary,

My parents were free today, so they went out with me to have fun. We did two special activities today.

In the morning, we played basketball together in the sports centre. I felt excited because I love playing basketball very much. I used to play basketball twice a year. Now, I play basketball six times a week. My father suggested having a basketball competition. I was very thrilled because I won the competition.

In the afternoon, we went ice skating. Ice skating is about skating on the ice. I enjoyed ice skating so much because it was cool and interesting.

What a fantastic day! I was glad to have a family gathering today. I hope we can have fun together at Christmas.

Amber





## *An e-mail to my cousin*

6C Leong Pak Kiu

Dear Dora,

Today, I went to Ocean Park with my family. We had a ride on the roller coaster. It was so exciting.

Then, we went to Ocean Theatre to watch a dolphin show. The dolphins were so cute and smart. I yelled and clapped my hands. After seeing the show, I left the theatre happily. I did not notice that my wallet dropped on the floor.

After that, I went to a restaurant to have lunch. At that time, I found that I lost my wallet. I was very afraid because my grandmother gave me five hundred dollars in the morning. I ran back to the theatre but I could not find my wallet. I was so sad and disappointed. My dad brought me to the Customer Service Centre. Luckily, someone picked my wallet up and gave it to the centre. I cried with joy. It was really an unforgettable trip to me.

I look forward to receiving your letter. Keep in touch!

With love,  
Jimmy







## *A terrible accident*

6C Wong Pui Yee

Last month, Hiumie, my family and I went to Ocean Park. We went there by train. It was a sunny day.

When we were on the train, each of us did something different. My mum was taking a nap while my dad was watching videos. While I was reading text messages, Hiumie was playing games on her mobile phone. We enjoyed the journey very much.

Suddenly, we heard a sharp voice, so we turned around to see what happened. It turned out that a train was out of control and it hit the iron column. We were very scared and screamed. Fortunately, the passengers on that train were not injured seriously. We only saw the captain's head was bleeding.

Finally, a few numbers of passengers said the police arrived immediately and they sent the captain to hospital.

What a terrible day!







## *My trip to Lamma Island*

6C Lee Yan Lam

Last Sunday, my family and I went to Lamma Island by ferry. The weather was windy and I was excited.

We were on the ferry happily. Half an hour later, the weather changed. It became worse. It was stormy with huge waves, terrible thunder and lightning. I suddenly felt unwell and wanted to throw up. My parents gave me a plastic bag immediately and my brother asked the people around to see if they had medicine or not. I knew they were worried about me.

Luckily, the weather became better and I was recovered soon. My parents brought me to see a doctor after arriving the island. I thought I should do more sports to make me be stronger and healthier.

## *A person I admire*

6C Lo Cheuk Tung

Have you ever heard of Sung Jao Yiu? He was a famous doctor in Hong Kong.

Sung Jao Yiu was born in Hong Kong in 1959. He graduated in the University of Hong Kong in 1983. He led his medical team to fight against SARS in 2003. He has received a lot of awards for his contributions to the fight against the SARS outbreak. In 2010, he was appointed as the vice-chancellor and president of the Chinese University of Hong Kong.

Sung Jao Yiu is a person I admire. He was brave to lead his medical team to fight against SARS in 2003. He teaches us not to say no to ourselves. We should try hard to face our difficulties with courage.



## *A letter to a friend*

6C Leung Hiu Ming

Dear Marco,

Hi! I am Benny! Welcome to Hong Kong. Let me tell you something about festivals and local food in Hong Kong.

People always celebrate Chinese New Year. They wear Chinese costumes and eat rice cakes. Besides, people like to give red packets to children. I love eating rice cakes very much. On 1st January, we can see lion dances, fireworks and parades.

People in Hong Kong always speak Cantonese but you do not worry about that. I think people here also speak English.

In Hong Kong, there is a lot of local food. I think stinky tofu is the best.

I look forward to receiving your letter. See you soon.

With love,  
Benny





## *A letter to a friend*

6D Chan Wai Ching

Room A, 12/F  
Tuen Mun Garden,  
Tuen Mun,  
Hong Kong

11<sup>th</sup> December, 2018

Dear Marco,

How are you? What is the weather in America?

You will come to Hong Kong next month. I am happy to see you in Hong Kong.

I am going to tell you about the culture and the life in Hong Kong.

People usually wear T-shirts and jeans. Students wear uniforms to school. Famous local food in Hong Kong is fish balls, dim sum and egg tarts. Most people speak Cantonese. Some people speak English and Putonghua. We celebrate New Year and Christmas every year.

I hope to see you very soon.

Love,  
Cammie Chan







## *A dinner with my family*

6D Tse On Tik

I had dinner with my family in a restaurant last night. The restaurant is in Leung King. We ate some tasty hotpots there. I like eating beef.

The restaurant was crowded. I saw boys chase each other. They were too naughty. Their mother was angry. My family blamed them. After that my sister dropped a sausage into the hotpot carelessly. The hot water splashed. She was hurt. So she cried loudly. Then we sent her to the hospital. The doctor told her to stay in the hospital for one day.

## *My trip to Lamma Island*

6D Chau Chun Hei

Last Sunday, my parents, my brother and I went hiking. We went to Lamma Island by ferry. The weather was terrible. When we were boarding on the ferry, it was windy.

On the way to Lamma Island, there were huge waves in the sea and we heard loud thunder and saw the lightning in the sky.

After a while, I felt ill because I had a headache. I wanted to throw up. I thought sleeping would make me feel better. So, I tried to sleep but I couldn't. I threw up in a plastic bag finally. My family was scared. So, we decided to go back home.

After arriving the pier at Lamma Island, we took another ferry to go back home immediately. After we arrived home, I still felt sick. So, I went to the hospital. The doctor told me to take a rest at home for two days.

As I still wanted to visit Lamma Island, my parents planned to go hiking there next Sunday. I hope the weather will be fine and I will have a wonderful trip next week.





## *A letter to a principal*

6D Fung Lok Hei

Leung King Estate,  
Tuen Mun,  
New Territories,  
Hong Kong  
16<sup>th</sup> October, 2019

Dear Principal,

Ways to help the poor children in China

I am Noddy from Class 6D. We concern about the poor children in China. We want to help them to have a better life. I am writing on behalf of my class to tell you we are planning to do three things to help the poor children in China.

We have come up with some ideas to help the poor children. Firstly, if we donate clean clothes and shoes to them, they will have more clean clothes and shoes to wear. Secondly, if we donate old toys to them, they will not be bored as they can play with toys when they have free time. Thirdly, if we send them some clean water, they will have more clean drink water to drink.

We really want to show our care. We hope you will give us permission to do these three things. Thank you for reading our letter.

Yours faithfully,  
Fung Lok Hei





## My trip to Lamma Island

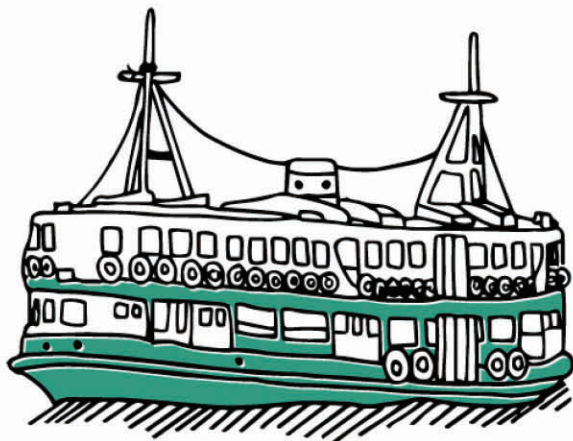
6D Ho Sin Yiu

Last Sunday, my parents, my brother and I went hiking. We went to Lamma Island by ferry at two o'clock. The weather was bad. It was windy.

At half past two, the waves in the sea were huge. Suddenly we heard the loud thunder and saw the lightning in the sky. I felt sick and dizzy. Then I threw up in a plastic bag. My parents were worried about me. At the same time, it started to rain. We were very scared as the ferry moved up and down in the huge waves.

At half past three, we arrived at Lamma Island finally. But the typhoon signal no. 8 was hoisted. The wind was strong and the rain was heavy. We all got wet. We felt cold. All the shops and restaurants were closed. Then we took the last ferry to return home. I felt sad and disappointed because the trip was cancelled.

When we arrived home, we planned for the next trip for the coming holiday. I hope I can have a wonderful trip next time.





## *A letter to a friend*

6D Ho Tsz Ching

Flat 5, 90/F,  
Happy Building,  
Tuen Mun, N.T.  
30<sup>th</sup> December, 20xx

Dear Marco,

Welcome to Hong Kong! I am going to tell you something about the culture and life here.

First, I want to tell you about the costumes in Hong Kong. People wear Western clothes. We wear T-shirts, dresses and pants. Students wear school uniforms to school. The costumes in America and Hong Kong are similar.

Secondly, I want to tell you about the cuisines in Hong Kong. There is a lot of famous local food. We enjoy eating dim sum in Chinese restaurants and puffs in street food stalls.

Thirdly, the language that we use is Cantonese. Some people speak in English or Putonghua. I know that you are good at speaking Putonghua. So you can use either English or Putonghua to communicate with Hong Kong people.

At last, I want to tell you about the traditions. At Chinese New Year, we wear Chinese costumes, give lucky money, perform lion dances. At Mid-Autumn Festival, we eat moon cakes and play with lanterns. We also celebrate Christmas and Halloween. So we can celebrate Chinese New Year together when you come to Hong Kong next month.

Wish you have a nice time in Hong Kong. Hope to see you soon!

Yours,  
Cherry





## *A person I admire*

6D Ip Wai Hoi

Do you like doctors? Do you want to be a doctor? Have you ever heard of Sung Jao Yiu?

Sung Jao Yiu is a famous doctor in Hong Kong's medical community. He was born in Hong Kong in 1959. He studied medicine at the University of Hong Kong. He graduated in 1983. He became a doctor in 1983. He has published a lot of scientific articles since 1986 to now. He led the medical team to fight against SARS in 2003 bravely. He was named Asian Hero by the Time magazine in 2003. He became the vice-chancellor of the Chinese University of Hong Kong in 2010.

I think Dr Sung is brave because he led the medical team to fight against SARS. I think he is smart because he has published a lot of scientific articles.

Sung Jao Yiu is a person I admire. He teaches me to be brave in facing difficulties.







## A blog entry

6D Lai Ho Chit

### Caro's blog

#### Two good habits that I want to develop

I'm going to develop two good habits to make me a better student at school.

Good habit 1: Do exercise regularly

I ought to do exercise regularly because it can make my body strong. Doing exercise regularly makes me stronger and I won't be sick easily.

I've thought of a way to help me develop this good habit. I will set a timetable to remind myself to do exercise every day.

Good habit 2: Change my socks every day

I ought to change my socks every day because people will think that I am a clean boy. People won't think my socks are smelly.

I think it's not difficult to develop this good habit. I will wash my dirty socks by my hands and put the clean one by my shoes every night. So I can wear the clean socks next morning.

Posted on 27<sup>th</sup> September, 20xx, 16:56





## *A letter to a friend*

6D Shum Chi Yau

Flat 32, 16/F,  
Tak Building,  
Tuen Mun, N.T.  
27<sup>th</sup> November, 20xx

Dear Tommy,

Welcome to Hong Kong! I am going to tell you something about the culture and life here.

Firstly, I want to tell you about the costumes in Hong Kong. People wear western clothes. We wear T-shirts, dresses and pants. Students wear school uniforms to school. The costumes in America and Hong Kong are similar.

Secondly, I want to tell you about the cuisines in Hong Kong. There is a lot of dim sum. We can enjoy dim sum in Chinese restaurants and eat the curry fishballs in the street food stalls.

Thirdly, the common language that we use is Cantonese. Some people speak in English.

At last, I want to tell you about Chinese New Year and Dragon Boat Festival. At Chinese New Year, people wear Chinese traditional costumes, give lucky money and perform lion dances. At Dragon Boat Festival, we eat rice dumplings and watch dragon boat races. For western festivals, people celebrate Christmas. We exchange presents and eat turkey. At Halloween, we make pumpkin lanterns.

Wish you have a nice time in HK. Hope to meet you soon.

Yours,  
Shum Chi Yau



## *A recipe - mango mochi*

6D So Hon Kong

### Ingredients

Glutinous rice flour (150g)  
Powdered sugar (50g)  
Starch (40g)  
Milk (250ml)  
Salad oil (25ml)  
1 mango  
A bowl of shredded coconut (100g)

### Instructions:

1. First, put the glutinous rice flour, powdered sugar and starch in a bowl and mix them well.
2. Then, add the milk and salad oil to the mixture and stir it until it becomes smooth.
3. Next, steam the mixture for 15 minutes until it becomes a batter. Then, take it out to cool down.
4. After that, peel the mango and slice it into small pieces.
5. Then, put the mango pieces in the middle of a spoonful of batter and roll it into a ball gently.
6. Next, put the mochi in a bowl of shredded coconut.
7. Finally, serve the mochi.







## *A diary about illnesses*

6D Tse Lik Chun

Friday, 13<sup>th</sup> September, 20xx

Weather: Sunny

Candy did not go to school last week. She was very sick and stayed in hospital for few days.

Candy is often ill and she was ill again this weekend. She had a headache and a runny nose. She also had a fever. Her temperature was 35°C. She felt tired because she had the flu.

In order to help her to recover faster, I told her to see a doctor. The doctor told her to take some medicine. After seeing the doctor, he told her not to drink cold drinks and not to take cold baths because these actions would help her recover more quickly.

Candy has been ill several times this year. I think she should do exercise regularly and have a balanced diet. I think she should follow the doctor's advices so that she can stay healthy and her body can be strong.





## *Healthy eating*

6D Tse Wat Ting

My favourite healthy food is fruit and vegetable salad. I eat fruit and vegetable salad twice a week. It is because it is healthy and yummy. Eating fruit and vegetables can help us stay healthy.

If we want to stay healthy, we should eat more vegetables and fruit. We should also make good food choices. We should not miss any meals. We should not eat too many snacks or have snacks before meals.

Food that is high in fat, sugar and salt is bad for us. So, we should not eat too much these kinds of food. We should eat fewer potato chips, less ice-cream and chocolate. It is because if we eat too much sweet food, we will become fat.

Grains are good for us. We should eat more grains because they give us energy. If we have enough energy, we can concentrate on our work.

## *My trip to Lamma Island*

6D Lam Yuet Kiu

Last Sunday, my parents, my brother and I went hiking. We went to Lamma Island by ferry. But the weather was bad. It was windy.

On the way to the island, suddenly there was heavy rain. I heard the loud thunder and the lightning came up in the sky. I wanted to throw up so my parents gave me a plastic bag. Finally, I threw up in the plastic bag. I felt tired. I thought sleeping could make me feel better. So I slept for a while on the seat. After ten minutes, I felt better and we arrived at Lamma Island finally.

After we got off the ferry, the weather became fine. A rainbow appeared in the sky. Then we went hiking happily.



## Healthy eating

6D Wong Yuk Kin

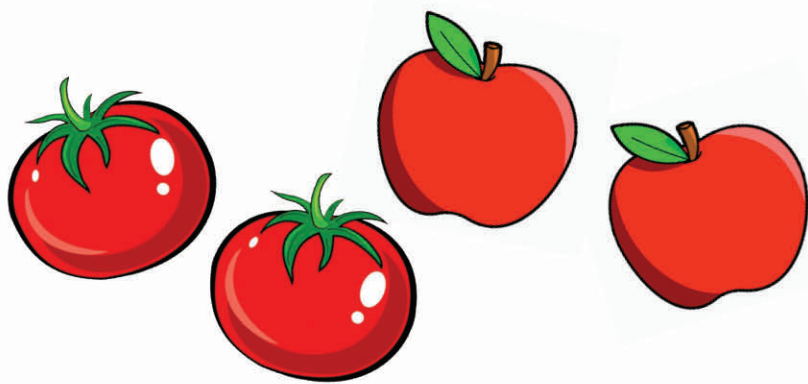
My favourite healthy foods are apples and tomatoes. I eat apples and tomatoes once a week. It is because they are healthy and yummy. We should eat more fruit and vegetables.

Meat and fish help us grow strong but we should eat less meat that is high in salt.

Fruit and vegetables help us stay healthy. Different colours of fruit and vegetables have different vitamins and minerals. That's why we should eat more different kinds of fruit and vegetables.

We should not eat food that contains too much oil, salt and sugar. Eating too much oil, salt and sugar is bad for our health and may make us gain weight.

Grains give us energy. That's why we should eat more grains than any other food types but we should eat fewer instant noodles because they are high in fat and salt.





## *A letter to a principal*

6D Ng Ka Hei

Leung King Estate,  
Tuen Mun,  
New Territories,  
Hong Kong  
16<sup>th</sup> October, 20xx

Dear Principal,

### **Ways to help the poor children in China**

I am Anson from Class 6D. We know there are a lot of poor children in China. I am writing on behalf of my class to tell you our plan on helping them.

We have come up with some ideas to help the poor children in China. Firstly, if we donate new toys to them, the poor children in China will have more toys to play. Secondly, if we donate food to them, they will have enough food to eat. Thirdly, if we donate old computers to them, the poor children in China will have a way to learn more knowledge through computers.

We really want to show our care. We hope you will give us permission to do these three things.

Thank you for reading our letter and for your support.

Yours sincerely,  
Anson







## *A diary about illnesses*

6D Chan Ching Tung

Friday, 13<sup>th</sup> September, 19

Weather: Sunny

Candy did not go to school last week. She was very sick and stayed in hospital for few days.

Candy is often ill and she was ill again this weekend. She had a cough and a sore throat because she drank too much cold drinks. She also had a fever. Her temperature was 40°C. She felt cold because she had the flu.

In order to help her to recover faster, I told her to see a doctor. The doctor told her to take some medicine. After seeing the doctor, I told her to wear a mask and get enough rest because these actions would help her recover more quickly.

Candy has been ill several times this year. I think she should exercise regularly and have a balanced diet. I think she shouldn't drink too much cold drinks.





## *My trip to Lamma Island*

6D Ng Hoi Chun

Last Sunday, my parents, my brother and I went hiking. We went to Lamma Island by ferry. The wind was very strong. When we were boarding on a ferry, the weather became bad.

On the way to Lamma Island, the waves were huge. We heard the loud thunder and saw the lightning in the sky. The rain was heavy. Suddenly, I felt terrible and wanted to throw up. I tried to sleep but I couldn't. My dad and mum gave a plastic bag to me. I threw up in the bag. I felt better after throwing up.

When we arrived at Lamma Island, the weather became good. We went to a hospital. The doctor said, 'You need to take more rest.' So, we went home by ferry and cancelled the trip.





## *A person I admire*

6D Wong Chun Yu

Do you like watching boxing competitions? Do you know any famous athletes in Hong Kong? Have you ever heard of Rex Tso Sing Yu?

He is a famous professional boxer. He was born in 1987 in Hong Kong. He grew up in Tuen Mun. His school results were not good. He left school before finishing Secondary 5.

Rex started learning boxing in 2000. He went through a lot of difficult trainings. He became a professional boxer in 2001. He joined his first boxing competitions in September 2011. He has faced a lot of strong competitions. He tried his best to fight in each competition. He won the WBC Asian Boxing Council Continental Super-flyweight title in 2012. He won the WBO International Junior Bantamweight title in 2016. He won 21 fights continuously up to March 2017. Rex is a humble and hard-working person. He spends a lot of time on practicing boxing.

Rex is a person I admire. He teaches us that we should try hard and try our best in doing difficult tasks.

